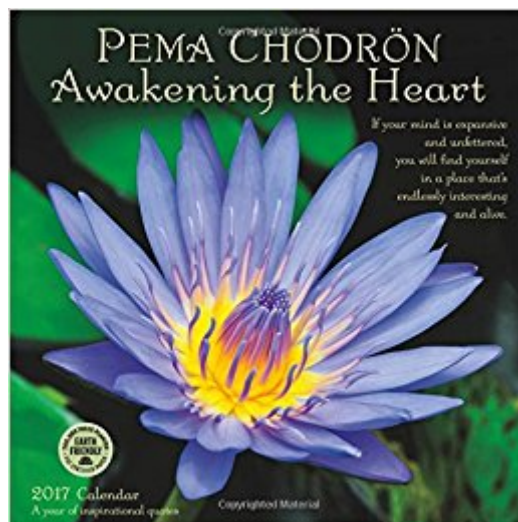




The book was found

Pema Chodron 2017 Wall Calendar: Awakening The Heart – A Year Of Inspirational Quotes



Synopsis

The Pema Chöndrol: Awakening the Heart wall calendar features quotes from Chöndrol's book *Living Beautifully with Uncertainty and Change* and is designed to help us cultivate compassion, courage, and awareness within the challenges of daily life. These insightful quotes are paired with beautifully evocative and meditative nature photography. A year of Pema Chöndrol's wisdom with meditative nature photography on your wall. Frameable artbook-quality printing. The perfect inspirational photography gift. Stunning photography by renowned photographers such as Jim Richardson. Printed on FSC® Certified Mixed Source Paper with soy-based inks. Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008. This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions. Pema Chöndrol is a leading exponent of teachings on meditation and how they apply to everyday life. She is widely known for her engaging and down-to-earth interpretation of Tibetan Buddhism for Western audiences. Chöndrol is the author of several best-selling books, including *Comfortable with Uncertainty*, *When Things Fall Apart*, and *Start Where You Are*.

Book Information

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Customer Reviews

Pema Chöndrol is an American Buddhist nun and one of the foremost students of Chögyam Trungpa Rinpoche, the renowned Tibetan meditation master. She is resident teacher of Gampo Abbey in Cape Breton, Nova Scotia, the first Tibetan monastery in North America established for Westerners. Chöndrol is widely regarded as one of the preeminent spiritual

teachers in the West and is the author of many best-selling books, including *When Things Fall Apart*, *The Places That Scare You*, and *Living Beautifully with Uncertainty and Change*.

I have learned so many helpful skills from this calendar. I seem to have greater peace with myself and in my relationships when I reflect on and practice Pema's advice. This marks the fourth year in a row that I order her calendar. The photographs are stunning and inspiring, too. They are even better, in my opinion, than the other "photographic calendars" I have bought, e.g. Ansel Adams, Audubon Society, etc.

Lovely...

beautiful calendar, and motivational reading for the month is a constant inspiration

What a lovely, and loving, way to spend a year in the teachings of Pema, accompanied by beautiful pictures.

Thoughtful, insightful, and lovely

An annual must have.

good

I adore this calendar. Beautiful images and wonderful quotations from Pema Chodron... it's divine!

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